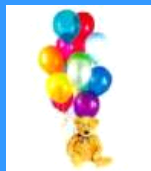


Other Activities Offered:

Open Workout is offered to those registered students. Open Gym is held Saturdays from 10:15-11:30 and \$5/reg. student, \$10/non-reg. Student and class make-ups are free. Munchkins and kinderkids may only attend open workout the last Saturday of each month

Private Lessons are also available at \$25/ half hour. Please call the office at 245-0561 to schedule.

Birthday Parties:



Come have your birthday with US! One hour and 15 minutes of gymnastics and fun! 45 minutes for opening gifts and eating the party yummys! We provide tables and chairs, drinks and a fun & knowledgeable staff! The birthday boy or girl **MUST** be 4 years old and older! The cost is \$145 if the child attends gymnastics and \$155 if he/she doesn't take classes. Price includes up to ten children and \$7.00 for each additional children. Stop by the office or call 245-0561 if you are interested!

PRESCHOOL / DAYCARE DIRECTORS:

We have a tumblebus program, that will come to your preschool or daycare and provide students with a gymnastics class. It will be based on the programs schedule and my availability. The tumblebus will come once a week for a half hour class on a regular size school bus that has been converted into a mini gymnastics space. It has monkey bars, a mini rockwall, a zip line, balance beams and much more! Stop by the office or call 245-0561 if you are interested in receiving more information!



Cumberland Gymnastics Inc.

Cumberland Gymnastics Inc.

221 Petersburg Rd.

Carlisle, Pa 17013

Phone: 717-245-0561

Fax: 717-245-0568

Email: cumberlandgym@earthlink.net

Website: cumberlandgymnastics.org

2011-2012 School Year Class Schedule

Come Join the Fun!



Owner: Melanie Heckert

Tel: 717-245-0561

Welcome to Cumberland Gymnastics Inc.

Welcome to Cumberland Gymnastics, my name is Melanie Heckert and I am the owner and head coach. I graduated from Carlisle High School in 2001 and attended West Chester University. I graduated from West Chester in 2005 with a Bachelor of Science degree in Health and Physical Education teacher certification with a minor in Health Education.

I was a member of the Cumberland Gymnastics Team for 12 years. I went on to compete on the West Chester Gymnastics Team for 4 years, and I competed as a member in the USA Collegiate National Championships.

We would like to welcome you to Cumberland Gymnastics and thank you for allowing us to be a part of your children's lives.

- Fee Structure– 2 classes or 2 children receive a 10% discount and 3 classes or more and 3 or more children receive 15% discount.
- **You can choose to pay by session which is 12 classes long and receive a 5% discount (however you MUST pay at the beginning of the session!) or you may choose to pay by the month (which includes 3, 4 or 5 classes per month).**
- You will be allowed to make up missed classes EXCEPT for HOLIDAYS that we have planned to have off.

School Year Sessions:

Fall Session: August 27th thru November 21st

Winter Session: November 28th thru March 3rd

Spring Session: March 5th thru June 4th

School Year Class Schedule:

Parent/Child 18 Months-3yrs. Old

Wednesday 6:45-7:30 1x wk-\$52/month

Munchkins 3 yrs. Old

Monday 5:45-6:30 1x wk-\$53/month

Tuesday 9:15-10:00 2x wk-\$95.50/month

10:15-11:00

Wednesday 4:30-5:15

5:45-6:30

Saturday 9:00-9:45

Kinderkids 4yr.thru Kindergarten

Monday 5:45-6:45 1x wk-\$55/month

Tuesday 9:15-10:15 2x wk-\$99/month

10:15-11:15 3x wk-\$140.25/month

1:30-2:30

Wednesday 4:30-5:30

5:45-6:45

Thursday 1:30-2:30

4:15-5:15

Saturday 9:00-10:00

Girls 1st Grade and Up

Beginner & Intermediate

Monday 5:45-7:00 1x wk-\$63/month

7:00-8:15 2x wk-\$113/month

Tuesday 4:15-5:30 3x wk-\$160.50/month

5:45-7:00

Wednesday 5:45-7:00

Thursday 4:15-5:30

5:45-7:00

Saturday 9:00-10:15

Boys Gymnastics 1st grade and Up

Monday 7:00-8:15 1x wk- \$63/month

Tuesday 4:15-5:30 2x wk-\$113/month

Tumbling Classes Fees

1x wk-\$55/month

Beginner: Student has no prior experience

Monday 5:00-6:00

Intermediate: Student must be able to do cartwheel

Monday 6:00-7:00

Advanced: Student must be able to do Round off Back Handspring ALONE

Tuesday 7:45-8:45

School Year Information:

- Join us in our state of the art facility for gymnastics and tumbling classes.
- **2011-2012 Schedule begins August 27th and concludes June 4th.**
- **When you enroll you are enrolling for the entire school year. If you decide to drop out you MUST put it in writing 2 weeks prior to discontinuing or you WILL be charged.**
- You may enroll at anytime during the school year as long as there is space available.
- There is a yearly registration fee of \$20 for the first child and \$15 for each additional child.
- **We ONLY accept cash or checks**