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Website: cumberlandgymnastics.org

2015-2016 Rules & Policies

Hello! We'd like to welcome you and your child to Cumberland Gymnastics, Inc. This information should answer any questions you may have regarding our policies. Please read this information carefully.

GENERAL SAFETY RULES: By the very nature of the activities, gymnastics and tumbling carry with them the risk of physical injury. No matter how careful the participants and the instructors are the risk of physical injury cannot be eliminated. However, by following these rules the risks can be reduced and safety will remain the foremost priority.

- Students should arrive a few minutes prior to the start of class.
- Parents must accompany young children in the building.
- Children must remain in the building while waiting to be picked up at the end of class.
- Please inform us if you cannot pick up your child on time from class.
- Please observe class from the upstairs observation area. Please **do not** talk to your child while class is in session except in an emergency.
- Parents, please supervise any other children you bring with you while they are in the building.
- **NO** running or jumping on the bleachers or in the observation area.
- Students may **NOT** sit on the wall, with or without supervision.
- Nobody is permitted on the gym floor prior to the start or after the end of each class.
- Chewing gum is not permitted.
- Jewelry must be removed before class. (Small post earrings are OK.)
- Absolutely no smoking is permitted in the building. Do **NOT** throw cigarette butts on my property.
- Any student causing severe or continuous behavior problems will be removed from the program. With **NO REFUND**.
- **If dropping your children off, you must turn around and then drop them off towards the building... do NOT drop them off and have them walk in front of traffic**
- **You may NOT park in the grass behind the other parking spots, please use the parking in the rear of the building if all the front spots are taken, please be smart when parking to allow those around you enough space to park.**

PAYMENT POLICY:

Full payment must be received on or before your child's first class of each month regardless of attendance. Payments may be made by cash or check to Cumberland Gymnastics, Inc. Monthly payments remain the same regardless of the number of classes in the month. You may make up

missed classes. We do not prorate monthly fees due to lack of attendance. **If you have chosen to pay by the session or by month and pay after the 10th day of the month or session, you will be charged \$15 late fee each time it occurs.**

WITHDRAWING:

If you plan to withdraw your child from our program, please notify us in writing at least two weeks in advance. **If prior notice is NOT given, you will be billed for the month.** Registration and class fees are not refundable except for medical reasons.

ATTIRE:

Girls are encouraged to wear a leotard. Please, no bear midriff outfits. Gym shorts and t-shirts are acceptable; however their shirts must be tucked in. If tights are worn they must be footless. Boys should wear a t-shirt and gym shorts or pants. Long hair **MUST** be in a ponytail. All students must be barefoot. Students dressed in jeans or clothing with zippers, metal fasteners or belts will not be permitted to participate.

MISSED CLASSES/HOLIDAYS/SNOW DAYS:

If a class falls on a holiday when we are closed your child is NOT permitted to make up the class. However if your child misses for any other reason, s/he may make up the missed class during open workout on the Saturday's list on the website. It is NOT our responsibility to see s/he makes up her classes. **There will be NO prorated fees for missed classes.** Students who are in first grade or older may come to a make up class any Saturday from 10:15 – 11:30AM **when** we have OPEN GYM (see website calendar). Munchkins and Kinderkids may only attend make up the one Saturday of each month from 10:15 – 11:15AM (see website calendar).

WEATHER: We follow CARLISLE school district, if they are on a delay our morning classes are cancelled, if they are closed we are closed. If we must cancel class due to weather conditions, it will be posted on our website and will be on our answering machine as long as the weather allows.

OPEN WORKOUT POLICIES:

- Open workout is held a variety of Saturdays during the school year from 10:15 – 11:30AM (see website calendar)
- The fee for open workout is \$7.00 for members. Class make-ups are free.
- Sign the attendance sheet in the office when you arrive.
- Munchkins and Kinderkids may only attend open workout the one Saturday a month when indicated.

I HAVE READ AND UNDERSTAND THE CUMBERLAND GYMNASTICS, INC. INFORMATION SHEET AND WILL ABIDE BY THE POLICIES STATED ABOVE.

PARENT SIGNATURE _____ DATE _____

PARTICIPANT SIGNATURE _____ DATE _____

(Participant's Copy)